

## Cookie Policy

Cookies are widely used on sites to help provide you with improved performance and a better user experience. Cookies are small pieces of information, or text files which are stored on your computer or mobile phone when you visit a site. They remember your username and preferences so when you revisit the site, they enable the information to be more tailored and useful based on your last visit.

We do not use cookies to gather any personal information and we do not disclose information obtained through cookies to third parties. Cookies cause no harm to systems or devices.

To find out more about cookies visit [www.aboutcookies.org](http://www.aboutcookies.org)

### Your permission to use cookies

If the settings on your browser are adjusted to accept cookies, we take this, and your continued use of our site, to mean that you are happy to have cookies enabled and agree to this cookie policy.

### Cookies used on our site

- **First party Cookies** - are standard default cookies created every time a user accesses a site. They help to improve performance and create a better user experience.
- **Third party Cookies** - we facilitate the opportunity to engage with us further through social media channels such as Twitter and LinkedIn. We do this by using ShareThis which allows the user to share content over different social networks and tracks the content viewed and shared. These cookies last over a year and help market research and analysis of traffic patterns and surveys to understand customer preferences.
- **Session Cookies** - such as wfvt\_# and wordfence remember your submitted data whilst you are in the site. These cookies only operate during your session and are erased when you finish browsing the site.
- **Google Analytics** - \_ga, \_gat, \_gid and collect gather information about the way people use our sites such as the number of visitors, where visitors have come to the site from and the pages they visited. The cookies \_gat, \_gid and collect only last during your session in the site. The cookie \_ga lasts for two years so any return to the sites can be tracked and helps provide information to improve the site for future visits. The cookies collect information anonymously.

More information on how Google Analytics collect, and process personal data can be found here: <https://www.google.com/policies/privacy/partners>

To opt out of Google Analytics: <https://tools.google.com/dlpage/gaoptout>

## Turning cookies off

You may delete and block all cookies or decide to just block certain types of cookie via your browser setting. If you do not want cookies retained on your device, you can disable cookies by adjusting your browser settings.

Each browser acts differently so you will need to check each browser 'help' settings. Further information can be viewed on the links below:

- [Internet Explorer cookies information](#)
- [Chrome cookies information](#)
- [Firefox cookies information](#)
- [Safari cookies information](#)

Please be aware that if you disable or reject cookies you may not be able to use some of the key functions, or access certain sections on the sites.

## Links to other sites

Please note that if you follow a link to a different website, these websites are outside our control and are not covered by our Policies. We suggest you take care to read the privacy policies of each site you visit.

Most web browsers allow some control of most cookies through the browser settings. To find out more about cookies, including how to see what cookies have been set and how to manage and delete them, visit [www.aboutcookies.org](http://www.aboutcookies.org) or [www.allaboutcookies.org](http://www.allaboutcookies.org).